

## CONTINUING EDUCATIONAL UNITS

CCSU is recognized by the BOC, Inc to offer continuing education units for certified athletic trainers.

- BOC provider number P517
- Program approved for 5.5 CEU's by BOC.

**No partial credit - attendance required for all sessions.**



According to the education levels described by the CEC Committee of the NATA this continuing education course is considered to be at the Essential Level.

## DIRECTIONS

**From the EAST** • Take I-84 West to Exit 39A to Rt. 9 South. Take Exit 29 off of Rt. 9 to Ella Grasso Boulevard and take a right turn to the University. Alternate Route: Take I-84 West to Exit 40, (Corbins Corner), take a left turn at end of exit ramp, and a right turn at the next traffic light onto Rt. 71 South. Follow Rt. 71 South 3 miles to the University.

**From the WEST** • Take I-84 East to Exit 39A, to Rt. 9 South. Take Exit 29 off of Rt. 9 South to Ella Grasso Boulevard and take a right turn to the University. Alternate Route: Take I-84 East to Exit 35, Rt. 72 East (New Britain Exit). Follow Rt. 72 East to Rt. 9 North and take Exit 29 to Cedar Street (Rt. 175). At the traffic light at the end of the ramp, take a left turn to the second traffic light, and take a right turn onto Paul Manafort Drive to the University

**From the SOUTH** (New York area) • Take I-95 North to I-91 North to Exit 22 North to Rt. 9 North. Follow Rt. 9 to Exit 29, Cedar Street (Rt. 175). At the traffic light at the end of the ramp, take a left turn to the second traffic light, and take a right turn onto Paul Manafort Drive to the University.

**From the SOUTH** (Rhode Island area) • Take I-95 South to Rt. 9 (Old Saybrook). Take Rt. 9 North to Exit 29, Cedar Street (Rt. 175). At the traffic light at the end of the ramp, take a left turn to the second traffic light, and take a right turn onto Paul Manafort Drive to the University.

**From the NORTH** • Take I-91 South to I-84 West to Exit 39A, to Rt. 9 South. Take Exit 29 off Rt. 9 South to Ella Grasso Boulevard and take a right turn to the University. Alternate Route: Take I-91 South to I-84 West to Exit 40 (Corbins Corner), take a left turn at the end of the exit ramp, and a right turn at the next traffic light onto Rt. 71 South, 3 miles to the University.

Please park in the  
**North or East Parking Garage**

CCSU Campus map  
[www.ccsu.edu/campus\\_map](http://www.ccsu.edu/campus_map)

**Symposium location:**  
**CCSU Student Center, Alumni Hall**

For more information contact **Kathy Pirog** at  
**860-832-3062** or [pirog@ccsu.edu](mailto:pirog@ccsu.edu)



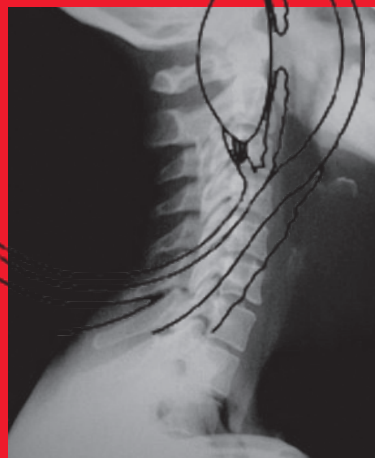
Central  
Connecticut  
State  
University  
**Athletic  
Training  
Program**

*presents the*

# 24<sup>th</sup> Annual **SPORTS MEDICINE SYMPOSIUM**

**CCSU Student Center, Alumni Hall**  
1615 Stanley Street, New Britain, Connecticut

**Tuesday MARCH 3, 2009**



**Athletic Training Program**  
Central Connecticut State University  
Kaiser Hall  
New Britain, CT 06050



CCSU Athletic Training Program

24<sup>th</sup> Annual **SPORTS MEDICINE SYMPOSIUM**

Non-Profit  
Organization  
U.S. Postage  
Paid  
New Britain, CT  
Permit No. 939



**PRE-REGISTRATION FEE** prior to 2/20/09

**\$75.00** lunch included

**ON-SITE REGISTRATION FEE** after 2/21/09

**\$80.00** lunch included

**No Purchase Orders or Credit Cards Accepted**

**REFUND POLICY** • Registration refund only in the event of program cancellation. Program postponement or cancellation due to inclement weather will be posted at

[www.ccsu.edu/cancellation](http://www.ccsu.edu/cancellation) or by calling 860-832-3062.

**All proceeds benefit the CCSU Athletic Training Program**

Mail completed Registration Form with **check**, payable to **Central Connecticut State University** to:

**Kathy Pirog, Head Athletic Trainer, Kaiser Hall  
Central Connecticut State University  
1615 Stanley Street, New Britain, CT 06050**



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CCSU Athletic Training Program **24**th Annual  
**SPORTS MEDICINE SYMPOSIUM**  
Tuesday March 3, 2009

**REGISTRATION FORM**

Name \_\_\_\_\_

Street \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

E-Mail Address \_\_\_\_\_

Employer or School \_\_\_\_\_

Position \_\_\_\_\_

**TOTAL Amount Enclosed** \$ \_\_\_\_\_

**PROGRAM**

7:30 - 7:50 **Registration ...  
Exhibitors will be open**

7:50 - 8:00 **WELCOME**

8:00 - 8:30 **Run with it: Sinusitis**  
Brook Seeley

8:30 - 9:00 **More Than Just a Dent:  
Frontal Sinus Fractures**  
Stuart Lieblich

9:00 - 9:30 **The Eyes Have It: Current Trends in  
The Evaluation & Care of Eye  
Injuries**  
Mary Gina Ratchford

9:30 - 9:45 **Panel Discussion**

9:45 - 10:00 **BREAK & VISIT EXHIBITS**

10:00 - 10:40 **The Big Chill:  
Future Direction of C-Spine Injuries**  
Robert Waskowitz

10:40 - 11:10 **Lessons from Prague: The Latest in  
Concussion Management**  
Jeff Brown

11:10 - 11:40 **Optimizing Emergency C-Spine  
Care: The Seamless Transition From  
the Field to the Trauma Room -  
Collaborating ATC & EMS**  
Dave Kosciuk

11:40 - 11:55 **Panel Discussion**

12:00 - 12:30 **LUNCH**

12:30 - 1:00 **Perfecting with Pills? Attention &  
Mood Management Medications &  
their Implications for Sports  
Medicine**  
Davis Smith

1:00 - 1:30 **Fear Factor - It's Not All In Their  
Heads: Injury Management for  
Enhanced Healing, Health, &  
Happiness**  
Mike Voight

1:30 - 2:00 **Navigating the Perfect Storm:  
Helping Athletes Manage Stress  
From All Sides**  
Victoria Ginter

2:00 - 2:15 **Panel Discussion**

**SPEAKERS**

**Jeff Brown, MD**  
Director of Sports Medicine  
Board Certified in Sports Medicine & Family Medicine  
Hartford Medical Group  
445 South Main Street  
West Hartford, Connecticut  
Team Physician  
Central Connecticut State University  
New Britain, Connecticut

**Victoria Ginter, MS, CRC**  
Associate Director of Counseling & Wellness Center  
Central Connecticut State University  
New Britain, Connecticut

**Stuart Lieblich, MD**  
Avon Oral and Maxillofacial Surgery  
American Board of Oral and Maxillofacial Surgery  
34 Dale Road Suite 105  
Avon, Connecticut

**Davis Kosciuk, EMT-P, EMSI**  
Captain of Support Services  
New Britain Emergency Medical Services, Inc  
New Britain, Connecticut

**Mary Gina Ratchford, MD**  
Board Certified Ophthalmologist  
Ratchford Eye Center  
279 New Britain Road  
Kensington, Connecticut

**Brook Seeley, MD**  
American Board of Otolaryngology - Head & Neck Surgery  
American Board of Facial Plastic and Reconstructive Surgery  
Connecticut Ear, Nose, & Throat Associates, P.C.  
Connecticut Facial Plastic Surgery  
499 Farmington Avenue Suite 210  
Farmington, Connecticut

**Davis Smith, MD**  
Board Certified Internal Medicine  
Medical Director  
Health Services  
Wesleyan University  
Middletown, CT

**Mike Voight, PhD**  
Assistant Professor, Sports Psychology Consultant  
Department of Physical Education & Human Performance  
Central Connecticut State University  
New Britain, Connecticut

**Robert Waskowitz, MD**  
Orthopaedic Surgeon  
40 Hart Street  
The Hospital of Central Connecticut  
New Britain, Connecticut  
Senior Team Physician  
Central Connecticut State University  
Orthopaedic Consultant, ESPN X- Games

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