

CONTINUING EDUCATIONAL UNITS

CCSU is recognized by the BOC, Inc to offer continuing education units for certified athletic trainers.

- BOC provider number P517
- Program approved for 5.5 CEU's by BOC.

No partial credit - attendance required for all sessions.



According to the education levels described by the CEC Committee of the NATA this continuing education course is considered to be at the Essential Level.

DIRECTIONS

From the EAST • Take I-84 West to Exit 39A to Rt. 9 South. Take Exit 29 off of Rt. 9 to Ella Grasso Boulevard and take a right turn to the University. Alternate Route: Take I-84 West to Exit 40, (Corbins Corner), take a left turn at end of exit ramp, and a right turn at the next traffic light onto Rt. 71 South. Follow Rt. 71 South 3 miles to the University.

From the WEST • Take I-84 East to Exit 39A, to Rt. 9 South. Take Exit 29 off of Rt. 9 South to Ella Grasso Boulevard and take a right turn to the University. Alternate Route: Take I-84 East to Exit 35, Rt. 72 East (New Britain Exit). Follow Rt. 72 East to Rt. 9 North and take Exit 29 to Cedar Street (Rt. 175). At the traffic light at the end of the ramp, take a left turn to the second traffic light, and take a right turn onto Paul Manafort Drive to the University

From the SOUTH (New York area) • Take I-95 North to I-91 North to Exit 22 North to Rt. 9 North. Follow Rt. 9 to Exit 29, Cedar Street (Rt. 175). At the traffic light at the end of the ramp, take a left turn to the second traffic light, and take a right turn onto Paul Manafort Drive to the University.

From the SOUTH (Rhode Island area) • Take I-95 South to Rt. 9 (Old Saybrook). Take Rt. 9 North to Exit 29, Cedar Street (Rt. 175). At the traffic light at the end of the ramp, take a left turn to the second traffic light, and take a right turn onto Paul Manafort Drive to the University.

From the NORTH • Take I-91 South to I-84 West to Exit 39A, to Rt. 9 South. Take Exit 29 off Rt. 9 South to Ella Grasso Boulevard and take a right turn to the University. Alternate Route: Take I-91 South to I-84 West to Exit 40 (Corbins Corner), take a left turn at the end of the exit ramp, and a right turn at the next traffic light onto Rt. 71 South, 3 miles to the University.

Please park in the
North or East Parking Garage

CCSU Campus MAP

<http://www.ccsu.edu/page.cfm?p=4191>

**Symposium location:
CCSU Student Center, Alumni Hall**

For more information contact Kathy Pirog at
860-832-3062 or pirog@ccsu.edu

Central Connecticut State University ATHLETIC TRAINING PROGRAM

presents the **27th** ANNUAL **SPORTS MEDICINE SYMPOSIUM**



FROM HEAD TO TOE

THE LATEST IN SPORTS MEDICINE

Sponsored by  **MRI of New Britain**

CCSU Student Center, Alumni Hall
1615 Stanley Street, New Britain, Connecticut

Tuesday MARCH 6, 2012



Athletic Training Program
Central Connecticut State University
Kaiser Hall
New Britain, CT 06050

Tuesday MARCH 6, 2012

27th ANNUAL
SPORTS MEDICINE SYMPOSIUM

Non-Profit
Organization
U.S. Postage Paid
New Britain, CT
Permit No. 939

PRE-REGISTRATION FEE prior to 2/17/12
\$85.00 lunch included

ON-SITE REGISTRATION FEE after 2/17/12
\$95.00 lunch included

Checks payable to Central Connecticut State University
No Purchase Orders or Credit Cards Accepted

REFUND POLICY • Registration refund only in the event of program cancellation. Program postponement or cancellation due to inclement weather will be posted at www.ccsu.edu/cancellation or by calling 860-832-3062

All proceeds benefit the CCSU Athletic Training Program

Mail completed Registration FORM with CHECK to:

**Kathy Pirog, Head Athletic Trainer, Kaiser Hall
Central Connecticut State University
1615 Stanley Street, New Britain, CT 06050**

checks payable to Central Connecticut State University



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CCSU Athletic Training Program

27th Annual **SPORTS MEDICINE SYMPOSIUM**

REGISTRATION FORM

Name _____

Street _____

City _____ State _____ Zip _____

E-Mail Address _____

Employer or School _____

Position _____

TOTAL Amount Enclosed \$ _____

PROGRAM

7:30 Registration Exhibitors will be open

7:50 WELCOME

8:00 **NOTHING UP MY SLEEVE:
TFCC and Hamate Injuries**
Robert Waskowitz, MD

8:30 **DON'T BE APPREHENSIVE, NOTHING TO
WORRY ABOUT:
The Non-Surgical Shoulder**
Gregory Czarnecki, DO

9:00 **ASSESSING FOR THE POP:
Clinical Screening for ACL Injury – The
Landing Error Scoring System (LESS)**
Lindsay DiStefano, PhD ATC

9:40 Panel Discussion

9:55 BREAK & VISIT EXHIBITS

10:10 **IT'S NOT A CONCUSSION:
Subdural and Epidural Hematomas**
Ahmed Kahn, MD

10:40 **THE DAZED, CONFUSED and DIAPHORETIC
ATHLETE: Pre-Syncope**
Christopher Diamond, MD

11:10 **ALL CRAMPED UP and NO WHERE TO GO:
Rhabdomyolysis**
Nikolaos Vassiliou, MD

11:40 Panel Discussion

12:00 LUNCH

12:30 **DON'T LET IT GET UNDER YOUR SKIN:
Conquering Sport Dermatology**
Jeff Brown, MD

1:00 **ON THE BRINK: Psychological Challenges
for the Athletic Trainer**
Bettina Panseri, MD

1:30 **LET'S SNUFF IT OUT: Smokeless Tobacco**
Keith Sinusas, MD

2:00 Panel Discussion

SPEAKERS

Jeff BROWN, MD

Director of Sports Medicine
Board Certified in Sports Medicine & Family Medicine
Hartford Medical Group
West Hartford, Connecticut
Team Physician, Central Connecticut State University
New Britain, Connecticut

Gregory CZARNECKI, DO

Board Certified in Internal Medicine & Sports Medicine
Hartford Medical Group
Glastonbury, Connecticut
Assistant Professor, University of Connecticut School of Medicine
Clinical Associate, University of Connecticut School of Nursing
Adjunct Assistant Professor of Pharmacy Practice,
UConn School of Pharmacy

Christopher DIAMOND, MD

Director, University Health Services
Central Connecticut State University
New Britain, Connecticut
Adjunct Clinical Associate Professor, Graduate Nursing Program
Quinnipiac University, School of Health Sciences

Lindsay DiSTEFANO, PhD, ATC

Assistant Professor, Department of Kinesiology
Neag School of Education
Clinical Coordinator, Athletic Training Education
Research Associate, Human Performance Laboratory
University of Connecticut
Storrs, Connecticut

Ahmed KHAN, MD

Board Certified in Neurological Surgery
Central Connecticut Neurosurgery & Spine
Attending Surgeon, The Hospital of Central Connecticut
New Britain, Connecticut
Assistant Clinical Professor, Department of Surgery,
Division of Neurosurgery
University of Connecticut School of Medicine

Bettina PANSERI, MD

Family Medicine Residency Program
Middlesex Hospital
Middletown, Connecticut

Keith SINUSAS, MD

Associate Director, Family Medicine Residency Program
Middlesex Hospital
Middletown, Connecticut
Certified, American Board of Family Medicine
Fellow, American Academy of Family Physicians

Nikolaos VASSILIOU, MD

Family Medicine Residency Program
Middlesex Hospital
Middletown, Connecticut

Robert WASKOWITZ, MD

Orthopaedic Surgeon
Orthopedic Surgeons of Central Connecticut
Attending Surgeon, The Hospital of Central Connecticut
New Britain, Connecticut
Senior Team Physician, Central Connecticut State University
Orthopaedic Consultant, ESPN X-Games