Immunization is a safe and effective way to protect you against vaccine-preventable diseases that can hurt, cripple and even kill. State law requires that all matriculated college and university students show proof of adequate immunity to measles, mumps, rubella, and varicella. All students who live in residence halls need to show proof of adequate vaccination against bacterial meningitis. A medical exemption from receiving the vaccination requirement does not exempt a person from providing applicable blood titer results and/or showing proof of immunity.

1. **Measles** is a serious disease characterized by rash and moderate to high fever. It can lead to pneumonia, serious ear infections, deafness, convulsions, inflammation of the brain and even death. The severe complications develop in one out of every 1,000 cases; one in ten of such complicated cases will result in death.

2. **Mumps** is a contagious viral illness best known for the swelling of the cheeks and jaw that it causes. It can occasionally cause serious complications such as inflammation of the testicles (orchitis) which can lead to fertility problems. Other rare complications include: encephalitis/meningitis; inflammation of the ovaries (oophoritis) and/or breasts (mastitis); and deafness.

3. **Rubella** or German Measles is an infectious viral disease characterized by mild fever and rash. The major risk is to non-immune women who catch the disease early in pregnancy. Such women are likely to have a baby with serious birth defects.

4. **Varicella (chicken pox)** is a common childhood disease. It is usually mild, but it can be serious, especially in young infants and adults. It can lead to severe skin infection, scars, pneumonia, brain damage, or death. The chickenpox virus is spread through the air, or by contact with fluid from chickenpox blisters. Before the vaccine, about 11,000 people were hospitalized for chickenpox each year in the United States and about 100 people died each year as a result of chickenpox in the United States.

5. **Meningococcal Disease** is a rare but potentially life threatening bacterial infection that requires Immediate treatment. The bacterium, *Neisseria meningitidis*, is the responsible germ which can manifest in one’s body as meningitis (an inflammation of the thin lining of the brain and spinal cord), septicemia (blood poisoning) as well as arthritis and pneumonia.

(Please see page 2)
Statement of Exemption to Connecticut Immunization Law (Medical)

The physical condition of the person named on Page 1 of this form is such that an immunization would endanger life or health or is contraindicated due to other medical conditions.

Print Health Providers Name: ____________________________________________
Print Health Providers Phone Number: ____________________________________

Signature of Health Provider: ____________________________________________ Date: __________________

Statement of Exemption to Connecticut Immunization Law (Religious)
(includes a strong moral or ethical conviction similar to a religious belief)

I adhere to a religious belief whose teachings are opposed to such immunizations.

Signature: ____________________________________________ Date: __________________

In consideration for that exemption, I hereby waive any and all claims against Central Connecticut State University (CCSU) and its faculty, staff, employees, students and/or agents which may arise as a result of my failure to be immunized. I also agree to indemnify and hold harmless CCSU from any claims or causes of action brought against its faculty, staff, employees, students and/or agents. I further understand that in an event that in a case of disease, I will be excluded from campus at the discretion of the university.

_________________________  ________________________
Signature                        Date