

## Are you a Victim/Survivor of Sexual or Interpersonal Violence?

You Have Options: The Choice is Yours.

- Go to a safe place.
- Consider calling someone you trust—The CCSU Office of Victim Advocacy or a confidential off-campus provider are there for you.
- Seek medical care and/or counseling on campus, or through local resources.
- Preserve evidence.
- **Call CCSU Police at 860-832-2375 or 911 (24 hours/7 days).**

CCSU is committed to ending sexual assault, interpersonal violence and stalking. These acts may be a violation of the law and the CCSU Student Code of Conduct. It is essential that when they are reported to CCSU officials, they are treated seriously and consistent with campus policies and procedures, and State laws.

We believe that everyone has the right to an environment free of violence and fear. Our goal is to strengthen and improve the delivery of services, encourage the reporting of offenses, and to hold responsible persons accountable while protecting the rights of all involved parties.

*A publication of the CCSU's Sexual Assault and Interpersonal Violence Resource Team (SART)*

To obtain this publication in alternate formats, call Student Disability Services at **860-832-1957.**

*Equal Opportunity Employer and Educator*

## CCSU Resources

Available 24 hours/7 days a week

\*Emergency - Police and/or Medical call 911  
CCSU Police Department  
860-832-2375

Monday - Friday, 8 AM - 5 PM

\*Office of Diversity and Equity  
860-832-1652

\*Office of Student Conduct  
860-832-1667

\*Office of the Vice President for Student Affairs  
860-832-1601

**CCSU's Office of Victim Advocacy  
860-832-3795 (Sarah Dodd)**

The Ruthe Boyea Women's Center  
860-832-1655

Student Wellness Services (Confidential)  
860-832-1925 (health)  
860-832-1945 (counseling)

Residence Life  
860-832-1660

LGBT Center  
860-832-2091

## Off-Campus Confidential Resources

Available 24 hours/7 days a week

YWCA Sexual Assault Crisis Service  
1-860-223-1787 English

Hospital of Central Connecticut  
860-224-5671

Prudence Crandall Center for Domestic Violence  
24 hour hotline: 1-888-774-2900

Suicide Prevention Lifeline  
1-888-273-8255

**\*To report an incident at CCSU**



you are  
not alone

## Information and Resources on Sexual Assault & Interpersonal Violence



## What is Sexual Assault?

Sexual assault is a crime and it will not be tolerated at Central Connecticut State University. It includes, but is not limited to, a sexual act directed against another person without the consent (as defined in the CT State Colleges and Universities Board of Regent's Sexual Misconduct Policy) of that person or when the person is not capable of giving such consent. Any person can be a victim or a perpetrator.

**Examples:** rape, attempted rape, and/or touching a person's body for sexual gratification without their consent.

## What is Consent?

Consent is active; both parties say "yes." It is ongoing and can be withdrawn at any time without fear or explanation. Consent is a must for every form of sexual activity every time. You have the right to withdraw consent even if you have consented to sexual activity with the person in the past. Consent is ...

- agreeing to specific sexual behavior willingly. Obtaining consent is the responsibility of the person initiating the sexual contact.
- not valid if forced, intimidated or coerced.
- not valid when judgment is impaired by the use of alcohol/drugs or if the person is sleeping or unconscious.

State law is clear that having sexual intercourse with someone who cannot consent is **RAPE**.

## What is Intimate Partner, Domestic and/or Dating Violence?

Intimate partner, domestic and/or dating violence includes acts of violence or threats of violence that occur between individuals who are family or household members, or persons in a current or former dating relationship. Intimate partner violence may include physical abuse, emotional abuse and threats of abuse.

**Examples:** assaults, rape, domestic or family violence involving physical force, stalking, texting that contains obscene material, electronic communications that contain serious threats of physical violence, and violation of a protective or restraining order issued by a court.

**If it doesn't feel right or safe,  
it probably isn't.**

## What is Stalking?

Stalking is defined as obsessive or unwanted contact of another person. This contact may cause reasonable apprehension of imminent physical harm or affect one's ability to perform daily life functions. It is when someone repeatedly contacts you, follows you, talks to you when you don't want them to, or threatens you.

**Examples:** unwanted communication (email, texting, instant messaging, and other electronic forms), damaging personal property, showing up at places you go, and/or sending unwanted gifts.

## Rights of Victims/Survivors

- Be treated with respect and dignity.
- Not be judged based on your race, age, class, gender, sexual orientation, the offender's relationship to you and any other protected class.
- You can refuse to answer questions about the sexual assault, your sexual orientation, and your sexual, medical (including HIV status), and mental health histories.
- Have confidential conversations with a CCSU licensed counselor in Student Wellness Services.
- Decide if you want to make a police report.
- Have an advocate accompany you to medical, law enforcement and legal proceedings.
- Request that someone you are comfortable with stay with you in the examination room.
- Ask questions and get answers regarding any tests, examinations, medications, treatments or police reports.

## How Can We Help Stop Violence?

The campus community and outside agencies must work together. Public safety is everyone's responsibility. By increasing our knowledge and accepting our ability to make a difference at CCSU, we can begin to reduce the risk. Consider the following ways to stop violence:

- Don't be afraid to get involved.
- Take care of yourself and your friends.
- Talk openly with friends about these issues.
- Speak up. Take a stand in situations that could escalate to abuse and violence.

**To obtain information on resources and/or to file a report, contact  
TitleIXReport@ccsu.edu or call 860-832-1652.**