DEPARTMENT OF PHYSICAL EDUCATION AND HUMAN PERFORMANCE
CENTRAL CONNECTICUT STATE UNIVERSITY
School of Education and Professional Studies

Undergraduate Student Procedure for Acceptance into Professional Program in
EXERCISE SCIENCE AND HEALTH PROMOTION

An undergraduate student seeking acceptance to the Professional Program in Exercise Science and Health Promotion is required to submit an application and accompanying documents for review by the Department of Physical Education and Human Performance.

Application Submission deadline: (or next regular day of classes if date falls on a weekend or holiday):
Fall Semester: September 10       Spring Semester: February 10

Requirements for Admission:

• Submission of a complete application and meet all specific requirements listed below.
• Completed 45 hours total, of which 15 hours are at CCSU.
• Cumulative grade point average (GPA) of a 2.50.
• Department grade point average (GPA) of a 2.70.
• Successful completion of 7 credits of required lecture courses. Courses must be completed before full admission will be granted. Indicate grade earned in each or write “Now” if currently enrolled. If using a transfer course, indicate course.
  EXS 207 (4 cr) or EXS 208 (4 cr) or equivalent: ________
  EXS 113 (3 cr) or equivalent: ________
• Successful completion of 3 credits of required skills courses (either EXS 275 or EXS 280 or equivalent). Courses must be completed before full admission will be granted. Indicate grade earned in each or write “Now” if currently enrolled. If using a transfer course, indicate course.
  EXS 275 (3 cr) or equivalent: ________
  EXS 280 (3 cr) or equivalent: ________
• Completed application, signed and dated, with name written on all documents.
• Two Letters of Recommendation (signed originals) from persons able to testify candidate’s suitability as a professional in the exercise science field. Letters should be from individuals who can attest to the candidates’ academic or work-related skills such as faculty or current/former employers. Avoid seeking letters from family friends.
• Pass an essay demonstrating a command of the English language, describing in written narrative the reasons for wanting to enroll in the Professional Program, emphasizing experiences which are relevant to exercise science (please be sure that your name is typed on the Essay).
• Pass an interview with the Department Screening Committee, which is conducted AFTER the application is submitted. NOTE: we reserve the right to seek recommendations from faculty concerning candidates for admission.

Submit complete application materials in person (and not by mail) to the Office of the Department Chair for Physical Education and Human Performance, Room 0180, Kaiser Hall. Incomplete applications may not be processed. If you have questions, contact the Department of Physical Education and Human Performance before application deadline.

NOTE:

1. Practicum, students must have maintained a university cumulative grade point average (GPA) of a 2.50, department grade point average (GPA) of a 2.70, current CPR and first aid and completion of EXS 416 and 416 with a grade of C or better.
2. Internship, students must meet the same grade point average requirements AND must have completed Practicum course requirements with a grade of C or better AND pass ACSMs Health Fitness Specialist Exam.

NOTE: Grade of C or better is required in all professional program courses.
Undergraduate Student Application for Acceptance into the
PROFESSIONAL PROGRAM IN EXERCISE SCIENCE AND HEALTH PROMOTION

Please print

Name: ___________________________________________ ID #: ____________________
(Last) (First) (I.)
Local Address: _______________________________________ Local Phone: (___)________
(City) (State) (Zip)
Home Address: _______________________________________ Home Phone: (___)________
(City) (State) (Zip)
E-Mail Address: _______________________________________

Internship (Semester and Year): ____________________________

Signature of applicant: ___________________________ Date: _______________________

DEPARTMENTAL REVIEW & EVALUATION DECISIONS

Cumulative GPA: ______________
Department GPA: ______________
Completed 45 hours total? □ Yes □ No □ Currently completing
15 hours at CCSU? □ Yes □ No □ Currently completing
EXS 207 or EXS 208 met? □ Yes □ No □ Currently enrolled in: __________
EXS 275 or EXS 280 met? □ Yes □ No □ Currently enrolled in: __________
Letters of recommendation attached? 1) □ Yes 2) □ Yes
Essay attached? □ Yes

Essay: Please ☑ check evaluation result below:
Pass _________ Not Passed ___________ Passed on Redo _________
Reviewer 1 ______________________ Reviewer 2 ______________________ Average Score: ______
Reviewer 3 ______________________ Reviewer 4 ______________________

Interview: Please ☑ check evaluation result below:
Pass _________ Not Passed ___________ Passed on Redo _________
Reviewer 1 ______________________ Reviewer 2 ______________________ Average Score: ______
Reviewer 3 ______________________ Reviewer 4 ______________________

Department Chair’s Signature __________________________ Date __________
Admit ☑ Defe ☑ Reje ☑

Reasons:

Revised 09/09
TRANSCRIPT RELEASE FORM

I, ____________________________________, hereby give permission to the Chairperson of the Department of Physical Education and Human Performance to obtain any necessary transcript from either the Registrar’s Office or the Graduate School. These transcripts will be used as a reference for Admission to the Physical Education Program (non-certifiable) and to verify credits and courses attempted at other institutions.

A copy of this form will be acceptable as the original.

Signed:_________________________________________

(Student’s Signature)

Date:___________________________________________