



SOCIAL AND EMOTIONAL LEARNING

CENTRAL *To You*

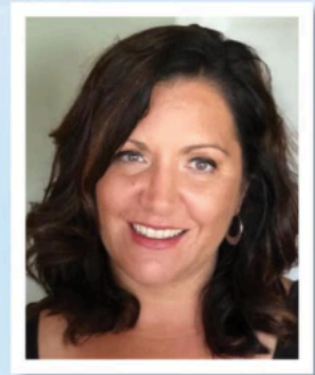


June 22, 2020 • Monday, 9 p.m.
on **"Ana Grace Project"** FB Live.

**TITLE: FOSTERING EDUCATOR RESILIENCE
THIS SUMMER.**

OBJECTIVES

- To define educator resilience and explore how resilience has taken on a new meaning within the COVID-19 pandemic
- To provide tips for ways educators can proactively boost their resilience over the summer through:
 - self-care
 - self-compassion,
 - developing empowering mindsets,
 - nurturing personal and professional relationships, and
 - reconnecting to their purpose
- To share recently developed teacher resilience modules and accompanying podcasts



Sally V. Drew (PhD) is an Associate Professor of Special Education & Interventions at Central Connecticut State University. She bridges general and special education in the undergraduate and graduate courses she teaches on learning theory, writing methods, characteristics and supports for diverse learners, and research methods across teacher and leader preparation programs in CCSU's School of Education and Professional Studies. Dr. Drew has been a public educator for twenty years. The goal of her research is to support teachers and students in (a) seeing themselves as writers and understanding the importance of writing instruction, (b) using reading and writing in service of each other to bolster learning, and (c) improving writing outcomes through professional development and intervention research particularly for students with disabilities and other struggling writers. Teacher resilience is an emerging area of inquiry; she has embedded work on teacher resilience into preservice teacher education for the past ten years. Dr. Drew earned her doctoral degree in Educational Psychology with a concentration in Special Education and Literacy from the University of Connecticut; she received a dual Bachelor's degree in Communications and Women's Studies and a Master's Degree in Inclusive Elementary Education from Syracuse University. Dr. Drew has served as a literacy consultant for many districts in the region. She is a certified elementary teacher with additional teaching experience at the preschool, middle, and high school levels.