

THE DEPARTMENT OF COUNSELOR EDUCATION & FAMILY THERAPY

SITE SUPERVISOR EVALUATION OF CLINICAL PROFESSIONAL COUNSELING STUDENT (The Practicum and Internship Field Experience)

Counselor-i	in-Training/Studen	ıt's N	ame:		Date:
Practicum o	or Internship:		CNSL 503 (practicum)		CNSL 594 (internship)
Site Superv	isor's Name & Cred	dentia	uls:		
Field Site N	Name & Location: _				
with their as	signed site superviso	r, whi	1	that wil	ate the successful completion of this evaluation I be used by the site supervisor to electronically er.
			RATING SCAL	E	
SCORE	IDENTIFIER			DESCR	IPTION
4	Exemplary		student consistently demonstrate or disposition expected of a cou		anced ability to meet this standard, skill -training.
2	Dan Calant	The	student consistently demonstrate	es a com	petent ability to meet this standard, skill

The student consistently demonstrates an advanced ability to meet this standard, skill and/or disposition expected of a counselor-in-training. The student consistently demonstrates a competent ability to meet this standard, skill and/or disposition expected of a counselor-in-training. Developing The student demonstrates a restricted but emerging ability to meet this standard, skill and/or disposition expected of a counselor-in-training. The student demonstrates an inadequate ability (and possibly harmful) to meet this standard, skill and/or disposition expected of a counselor-in-training. N/A Not Applicable Does not apply/unable to evaluate/not observed.

KEY PERFORMANCE INDICATORS/EVALUATION CRITERIA

INSTRUCTIONS: Although various key performance descriptors are listed under a primary (larger) skill, attribute, or behavior, site supervisors only need to enter <u>one aggregate rating</u> (score) for <u>each</u> main performance category.

PERSONAL BEHAVIOR (CACREP 2.F.5.f.; Obj. 9)	4	3	2	1	N/A
• Shows openness to learning and is able to manage conflicts and challenges; articulates personal convictions and expresses feelings effectively and appropriately; demonstrates self-awareness/insight and emotional stability; flexible and adaptable; recognizes own personal strengths, limitations, beliefs, and biases and how they impact others; demonstrates self-care strategies appropriate to the counselor role					

PROFESSIONAL BEHAVIOR	4	3	2	1	N/A
(CACREP 2.F.1.l.; Obj. 5, 8 & 10) • Able to communicate effectively (Obj. 10); understands and demonstrates ability to work cooperatively with other professionals (Obj. 8); effectively manages time; regularly attends scheduled sessions /meetings; observes rules/policies and procedures of university, agency/organization; willing to listen and learn to promote professional and personal growth; maintains appropriate boundaries with faculty, clients, supervisors, staff, and peers (2.F.1.l.; Obj. 5); proactively seeks out needed experiences, feedback, and guidance; does not impose					
beliefs on others; presents in professional attire. PROFESSIONAL ETHICS (CACREP 2.F.3.i.; Obj. 6)	4	3	2	1	N/A
• Demonstrates understanding and adherence to the ethical guidelines of the American Counseling Association (ACA); obtains informed consent, maintains confidentiality, follows limits of confidentiality and duty to warn requirements; demonstrates ability to recognize their own limitations as a counselor and seek supervision or refer clients when appropriate.					
ADMINISTRATION/SITE OPERATIONS	4	3	2	1	N/A
• Demonstrates knowledge of and compliance with organization's standards of care/policies and procedures; applies knowledge of public mental health policy, financing (i.e., third party reimbursement), and regulatory processes; applies current record-keeping standards related to clinical mental health counseling; accurately submits clinical documentation and counseling notes in a timely manner.					
ASSESSMENT (CACREP 2.F.7.e., & 2.F.7.i.; Obj. 4)	4	3	2	1	N/A
• Demonstrates the ability to use, and knowledge of, appropriate assessments required for diagnosis and intervention planning for client dangerousness (i.e., suicide, abuse, violence, homicide); screening/assessing for substance use and/or co-occurring substance use disorders (2.F.7.e.; Obj. 4); effectively uses assessments relevant to educational, career, personal and social development (2.F.7.i.; Obj. 4).					
DIAGNOSTIC SKILLS (CACREP 2.F.7.i.; Obj. 4)	4	3	2	1	N/A
• Demonstrates appropriate use of diagnostic tools, including the <i>Diagnostic and Statistical Manual of Mental Disorders (DSM)</i> , to describe the symptoms and clinical presentation of clients with mental, emotional, and cognitive impairments. (2.F.7.i.; Obj. 4).					
FOUNDATIONAL COUNSELING SKILLS (CACREP 2.F.5.g.; Obj. 4)	4	3	2	1	N/A
• Demonstrates essential interviewing, counseling, case conceptualization skills (2.F.5.g.; Obj. 4); establishes therapeutic working alliance; maintains focus, structure, boundaries; effectively uses active listening, non-verbal attending, communication, and questioning skills; accurately paraphrases verbal/non-verbal content; accurately/succinctly reflects and summarizes content/meaning, feelings, behaviors, patterns/themes, beliefs/values; responses are well-timed, therapeutic, intentional; provides appropriate self-disclosure; empathically manages client incongruities, discrepancies, defenses/resistance; avoids overuse of direct advice; offers valuable feedback/accurate interpretations; checks perceptions/assumptions; therapeutically ends each session/concludes overall counseling relationship (when applicable).					
CLINICAL MENTAL HEALTH SKILLS (CACREP 5.C.1.c., 5.C.1.e., 5.C.2.d., & 5.C.3.a.; Obj. 11, 12, 13, & 15)	4	3	2	1	N/A
• Applies principles, models, and documentation formats of biopsychosocial case conceptualization/treatment planning (5.C.1.c.; Obj. 11); conducts intake interviews, mental status assessments, comprehensive biopsychosocial histories involving information such as past/present mental health/substance use issues, traumatic experiences, multicultural factors (5.C.3.a.; Obj. 15); uses differential diagnosis/current diagnostic classification systems including the <i>Diagnostic and Statistical Manual of Mental Disorders</i> and <i>International Classification of Diseases</i> (5.C.2.d.; Obj. 13); uses psychological assessments specific to mental health treatment planning/caseload management (5.C.1.e.; Obj. 12).					

CLINICAL REHABILITATION COUNSELING SKILLS (CACREP 5.D.1.f., 5.D.2.m., 5.D.2.n., & 5.D.3.a.; Obj. 11, 13, 14, & 16)	4	3	2	1	N/A
• Understands etiology/effects of disabilities and terminology relevant to clinical rehabilitation counseling (5.D.1.f.; Obj. 11); understands effects of the onset, progression, expected duration of disability on clients' holistic functioning (5.D.2.m.; Obj. 13); utilizes transferable skills, functional assessments, and work-related supports for achieving/maintaining meaningful employment for people with disabilities (5.D.2.n.; Obj. 14); conducts intake interviews, mental status evaluations, biopsychosocial histories, mental health histories, psychological assessments for treatment planning/caseload management, including assistive technology needs (5.D.3.a.; Obj. 16).					
GROUP COUNSELING SKILLS (CACREP 2.F.6.b.; Obj. 2)	4	3	2	1	N/A
Demonstrates an understanding of dynamics associated with group process and development.					
TRAUMA AND CRISIS COUNSELING SKILLS (CACREP 2.F.1.l, 2.F.2.h. & 5.C.2.f.; Obj. 5 & 14)	4	3	2	1	N/A
• Demonstrates an understanding of impact of crisis and trauma on individuals with mental health diagnoses (5.C.2.f.; Obj.14); effectively identifies and utilizes strategies for minimizing/eliminating barriers, prejudices, un/intentional oppression, and discrimination which can contribute, lead, and/or cause crisis and trauma (2.F.1.l.; Obj. 5); demonstrates an understanding of employing self-care strategies to minimize the risk of experiencing vicarious trauma (2.F.2.h.; Obj.5) as well as strategies to minimize/prevent the re-traumatization of clients.					
REFERRAL AND ADVOCACY (CACREP 2.F.1.e., 5.D.2.p. & 5.D.3.c.; Obj. 3, 10, 15 & 17)	4	3	2	1	N/A
• Makes appropriate community referrals, including health-related needs; uses psychoeducation and empowerment strategies with clients (Obj. 10); advocates for clients and services that are equitable and responsive (2.F.1.e.; Obj. 3); demonstrates an understanding of environmental, attitudinal, and individual barriers for people with disabilities (5.D.2.p.; Obj. 15); effectively uses strategies to advocate for persons with disabilities (5.D.3.c.; Obj. 17).					
MULTICULTURAL COMPETENCY (CACREP 2.F.2.d., 2.F.3.i., 5.D.2.k.; Obj. 6, 7 & 12)	4	3	2	1	N/A
• Exhibits culturally appropriate verbal/nonverbal counseling skills; appreciates diversity/demonstrates respect; uses ethical/culturally relevant strategies to promote resilience, optimum development, and wellness across the lifespan (2.F.3.i.; Obj. 6); understands the impact race, ethnicity, culture, sexual affiliation, gender identification, social class, disability status, religion, etc. have on people (2.F.2.d.; Obj. 7); identifies/addresses personal biases, judgments, systemic barriers, social injustices (2.F.2.h.); understands effects of discrimination such as handicapism, ableism, power, privilege, oppression on clients' life/career development (5.D.2.k.; Obj. 12).					
CASE CONCEPTUALIZATION AND TREATMENT PLANNING (CACREP 2.F.4.b; Obj. 4 & 8)	4	3	2	1	N/A
• Uses evidence-based/best practice techniques with the clients; has a fundamental understanding of the various theories, techniques, and interventions in counseling; develops appropriate, measurable outcomes for counseling treatment plans; effectively uses approaches for conceptualizing the interrelationships among and between work, mental well-being, relationships, and other life roles and factors (2.F.4.b.; Obj. 4); works collaboratively with client to establish realistic and manageable goals and objectives; helps to develop a plan of action to address client's problems and promote health/wellness (Obj. 8).					

COUNSELOR DISPOSITIONS (CACREP 2.F.5.f.; Obj. 9) Adapted from CASEL TOOL: Personal Assessment and Reflection-SEL Competencies for School Leaders, Staff, and Adults						
DISPOSITION DESCRIPTION					1	N/A
SELF AWARENESS 2.F.2.d.; Obj. 7	The ability to accurately recognize one's own emotions, thoughts, and values and how they influence behavior; the ability to accurately assess one's strengths and limitations, with a well-grounded sense of confidence, optimism, and a "growth mindset."					
SELF MANAGEMENT 2.F.1.l.; Obj. 5 2.F.3.i.; Obj. 6	The ability to successfully regulate one's emotions, thoughts, and behaviors in different situations; effectively managing stress, controlling impulses, and motivating oneself; the ability to recognize the risk factors and signs associated with trauma as well as strategies for mitigating its risk in self (vicarious trauma) and client (re-traumatization); the ability to set and work toward personal and academic goals.					
SOCIAL AWARENESS 2.F.2.d; Obj. 7 2.F.2.h.; Obj. 5 2.F.4.b.; Obj. 4 2.F.6.b.; Obj. 2	The ability to take the perspective of and empathize with others, including those from diverse backgrounds and cultures; the ability to understand social and ethical norms for behavior and to recognize family, school, and community resources and supports; the ability to recognize how marginalized groups are at risk for adverse childhood experiences and exposure to trauma.					
RELATIONSHIP SKILLS 2.F.2.d; Obj. 7 2.F.3.i.; Obj. 6 2.F.6.b.; Obj. 2	The ability to establish and maintain healthy and rewarding relationships with diverse individuals and groups; the ability to communicate clearly, listen well, cooperate with others, resist inappropriate social pressure, negotiate conflict constructively, and seek and offer help when needed.					
RESPONSIBLE DECISION MAKING 2.F.2.h.; Obj. 5 2.F.3.i.; Obj. 6 2.F.6.b.; Obj. 2 2.F.7.e.; Obj. 4 2.F.7.i.; Obj. 4	The ability to make constructive choices about personal behavior and social interactions based on ethical standards, safety concerns, and social norms; the realistic evaluation of consequences of various actions, and a consideration of the well-being of oneself and others.					
	SITE SUPERVISOR'S CONCLUDING FEEDBACK					
STRENGTHS observed in the counselor-in-training						
AREAS OF IMPROVEMENT observed in the counselor-in-training						

<u>ATTENTION</u>: Please remember to print the completed evaluation before submitting so you may review the content with the counselor-in-training; otherwise, you will not be able to retrieve the document once it is submitted (the "Print View" function is located in the upper right-hand corner on the first page of the evaluation).

<u>ACKNOWLEDGEMENT</u>: By electronically submitting this document, I, the site supervisor, agree to review the completed counselor-in-training performance evaluation with the clinical professional counseling student and provide the opportunity to discuss its content as well as any applicable developmental needs.

Site Supervisor's Signature (type first & last name if cannot add wet signature or sign electronically)	Date