WHY DO AN INTERNSHIP?

Doing an internship in psychology is a wonderful way to gain practical and real-world experience in the field of psychology. PSY 496 can be used as one of your psychology electives or as a general (unrestricted free) elective course. In order to register and receive credit for your internship you will need to find a CCSU psychology faculty member who is willing to serve as your faculty supervisor as well as someone who agrees to serve as your on-site supervisor at the agency or organization where you will be doing your internship. To find an internship and register for PSY 496, you must follow the steps below.

FINDING AN INTERNSHIP (for credit internships only)

1. Contact your psychology advisor or any member of the psychology department. Many professors already have relationships with agencies or organizations that offer internships to CCSU students. See the Psychology Department’s Internship Website for more information (please be aware that this is not a complete listing of all possible internships).
2. You can find your own internships by contacting social service organizations in your community or relying on your own connections. Many organizations have established volunteer programs and are happy to have interns. If you find your own internship, you will still need a faculty supervisor and the internship will need to be approved by the psychology department.
3. Go to Career Services. Career Services has a database of established internships and is a wonderful resource.

REGISTERING FOR AN INTERNSHIP

1. Once you have found a CCSU faculty internship supervisor and an on-site internship supervisor you are ready to register for you internship. You must fill out the CCSU Department of Psychology Internship Agreement Form. This form must be signed by your on-site supervisor and your faculty internship advisor.
2. Fill out the CCSU Independent Study Course Registration Form. This form must be signed by your faculty supervisor. Submit this form and the Internship Agreement Form to the chair of the psychology department.

FACTS ABOUT PSY 496

1. All PSY 496 internships are 3 credits. You will be required to spend 120 hours over the course of the semester at your internship site. This averages out to about 8 hours per week across a typical 15-week semester. Your specific schedule will be determined in consultation with your on-site internship supervisor and your faculty supervisor.
2. You cannot receive credit for a paid internship. All PSY 496 internships are unpaid.
3. During your internship you will meet regularly with your on-site supervisor who will assign readings and provide training as appropriate.
4. To ensure that your internship is progressing appropriately, you will meet regularly with your CCSU faculty supervisor. In addition, you may be required to keep a weekly journal of your internship experience that will be reviewed by your faculty supervisor. At the end of the semester you will submit a paper/written report and possibly other records of your internship experience as specified on your internship agreement form.
5. Your internship course grade is determined by a combination of the assignments you submit to your faculty supervisor, a written evaluation provided by your on-site supervisor (link here), and any other specified internship requirements (e.g., regular attendance and participation in meetings with faculty supervisor, etc.).