Medical Requirements for Incoming Students

FULL-TIME STUDENTS:
All full time students are required to submit a completed Connecticut State University (CSU) Confidential Health Form prior to matriculating. Proof of adequate immunization against measles, mumps, rubella (MMR) and varicella (chicken pox) along with completion of the Tuberculosis (TB) Risk Assessment are required prior to being able to register for classes. All of the requirements, including a physical exam performed within 12 months before the start of classes, are explained on the CSU Confidential Health Form which should be downloaded from our website: www.ccsu.edu/health. Click on the “Health Service Forms” tab on the left of our home page and select General Medical Packet. Please submit the completed health form as soon as possible to avoid any delay in registering for classes.

PART-TIME STUDENTS:
All part-time, matriculated students are required to complete the Part Time Immunization Verification Form. Proof of adequate immunization against measles, mumps, rubella (MMR) and varicella (chicken pox) is required prior to being able to register for classes. This form should be downloaded from our website: www.ccsu.edu/health. Click on the “Health Service Forms” tab on the left of our home page and select “Part Time Immunization Verification Form and Guidelines”. Please submit the completed form as soon as possible to avoid any delay in registering for classes.

MENINGITIS PREVENTION:
University Health Services recommends immunization against bacterial meningitis for all students. However, all students living in campus housing are required by state law to be immunized against meningitis. Students will not be allowed to move into the on-campus residential halls without proof of adequate immunization against meningitis.

If you were vaccinated with the vaccine Menomune (MPSV4) more than five years ago, please speak to your healthcare provider about receiving a booster with vaccine Menactra (MCV4). Students who received Menactra more than 10 years ago should also consider a booster. For more information on meningitis prevention, please go to the “Important Medical Updates” tab on our home page and click on “Meningococcal vaccination update.” We also recommend students be fully immunized against Hepatitis B.

INSURANCE REQUIREMENT:
All full time students must be covered under a health insurance plan. If you do not want the University-sponsored health insurance provided by Aetna, you must submit a waiver or you will be billed for the insurance. This must be done at the start of each new school year. Please review the instructions on our website under the tab, “Health Insurance Information.” You can find more information about the University-sponsored health insurance at www.aetnastudenthealth.com.

VARSITY STUDENT ATHLETES:

In addition to meeting the requirements of all full time students, we require a pre-participation evaluation here at University Health Services for all athletes already on a team roster. This pre-participation visit is scheduled in our office no sooner than 6 weeks prior to the start of your preseason and is only scheduled if your CSU Confidential Health Form is completed. If you live farther than two hours away from the campus, please contact us and the pre-participation evaluation can be completed by your primary healthcare provider (MD, DO, APRN, or PA). The ATHLETIC PRE-PARTICIPATION EXAMINATION FORM must be completed and signed.

If you are planning to try out for a team as a “walk-on” please contact athletics directly to determine what is required.

Thanks and welcome to Central.

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